

Tenderfoot Weekend Packing List

Items marked with * are optional

Clothing

- Bandana or Handkerchief *
- Hat (Brim)
- Hat (Knit) *
- Hiking Boots - Waterproof
- Hiking Pants (Long) - Zipper pants work well. No Jeans!
- Hiking Pants (Shorts) *
- Long Underwear (Mid Weight) - Polypro, not cotton. *
- Rain Gear - Breathable, works to block rain, wind, and serves as an extra layer.
- Shirt (Heavy)
- Shirt (Long Sleeve) - 1, can be used to layer when cold.
- Shirt (Short Sleeve, Wicking) - 1 *
- Shoes (lightweight)
- Sleeping Clothes - Consider temperature and quality of sleeping bag when deciding what to wear. Clothing should only be worn in sleeping bag, not outside. A sleeping bag liner can also help.
- Socks (Heavy) - 2 pair, more if wet or snowy.
- Socks (Liner) - Needed if using wool heavy socks. *
- Underwear

Gear

- Backpack - To hold gear.
- Camera *
- Compass
- Cup
- Eating Utensils
- Mess Kit / Plastic plate & Bowl
- Flashlight or Headlamp- With extra bulb & batteries.
- Garbage Bags - 1 or 2, Good for storing wet gear.
- Hand Sanitizer
- Insect Repellent
- Jacket/Fleece
- Knife - Small pocket knife if you have the "totin chip" *
- Water Proof Matches *
- Maps *

- Notebook & Pen/Pencil -
- Scout Book
- Sleeping Bag - Make sure bag is rated below expected temperature.
- Sleeping Pad
- Soap - Biodegradable. A scout is clean. Patrol box should also have this. *
- Sun Glasses *
- Tent - One per two boys.
- Water Bottle - 1 Nalgene™ or the like
- Whistle - For emergency use only.
- Zip Lock™ Bags (1 or 2 gallon) - Good for keeping things organized and dry. *

Personal Items

- First Aid Kit (Small)
- Lip Balm
- Sunscreen
- Toilet Kit
- Hand warmer (chemical) - 2-4 packets handy. *
- Towel (Small) - A scout is clean.
- Watch - Waterproof *
- Prescription Medications *